# The Plaid Apple-The apple of your eye -

October 10, 2022



#### Highland students out score the valley

BY THE INTERESSION JOURNALISM STUDENTS

Highland High School class of 2024 placed first in the Yakima Valley on the ELA Smarter Balanced Test. The class of 2023 placed second in the valley in the Science test. Math scores almost doubled since the previous test given in 2019.

HHS students passed the ELA test with a rate of 76.5%. The average for the state was 50.7%. According to junior Alondra Bahena, teachers prepared the sophomores for months leading up to the test. Miguel Farias said, "When I looked at the test, it reminded me of all the things we did in class frequently." Mrs. Williams, a sophomore English teacher, attributed the success to the students' dedication and commitment to doing their best work. A celebration assembly will be held on October 12<sup>th</sup>.

For reference, West Valley had a passing rate of 68.8%, Ike 50%, and Selah 41.2% for ELA according to OSPI. Highland's students' percentage passing the Science test was 42.7%, following only Naches and West Valley's 43.9%.

The math scores increased from 16.7% passing in 2019 to 37.7% in 2022.

The Smarter Balanced Test (SBA) is a national test that Washington State uses as one of the graduation pathways. Washington public universities use the scores as placement tests for incoming freshmen for math and English classes. The science test given to juniors is not part of the SBA and is not a graduation requirement, but it provides important data to students and teachers.

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#### **Keeping Washington green**

BY MIGUEL FARIAS

Highland High School's National Honor Society club has adopted a 2-mile portion of Highway 12 to meet the NHS ideal of service. NHS is responsible for keeping their section clean through the national Adopt-a-Highway program.

The portion of Highway 12 begins at the Ace Hardware in Naches and continues until the Chinook/White Pass junction.

NHS cleans their part of the highway 3 times a year: fall, spring, and early summer. The first garbage pick up for this year was done on September 25, 2022.

According to the Washington Department of Transportation, the program "promotes pride and local ownership in Washington."



NHS members Paola Telles and Vanessa Ceja make a difference

#### PBIS pizza power

BY ZULEMA GUERRERO

The PBIS pizza raffle is once every month the winner gets a t-shirt designed by Ms. Hosteler and pizza for their advisory group.

The September raffle winner was junior Calvin Abundiz from Ms. Carlson advisory.

The next raffle will be on October 19. Students can purchase raffle tickets through PBIS app. They will need an authorization code from their advisor.

The raffle was created to give students an opportunity to use their PBIS points for something that is fun and involves their advisory classes. The raffle was planned by the PBIS Rewards and Recognition Committee: Mrs. Williams, Ms. Hosteler, Ms. Sterns, Miss Streich, and Ms. Carlson.

Students can earn points to participate in future raffles by demonstrating the Scottie values of make good decisions, show respect, and solve problems.



Calvin shares with his SCOTS group



# Think pink

BY ANAHI SILVA

Breast Cancer awareness month has been held in October since 1985 to expand awareness of the disease nationally.

People wear pink to show their support and honor for the women who have fought or lost against this disease.

HHS leadership students made a poster to grasp the student's attention about the "PINK OUT!" This was created to help spread breast cancer awareness by wearing pink. Last Friday, October 7th, Highland High School students participated on their first pink out at the football game. They will have two more pink outs so they can spread awareness.

The second one will be on October 13th for the girls' volleyball game, and the last one will be held on the same day but for the girls' soccer game.

According to the American Cancer Society, people wear a pink ribbon during the month of October or throughout the year to join people together to honor survivors, remember those who lost to the disease, and support the progress people make together to defeat cancer.

On breastcancer.org, Breast Cancer Awareness Month started in October and continued every year after since 1985 because it was created to promote screening and prevention of the disease; this affects one in eight women in the United States each year and 2.3 million worldwide. Screening are self-exams annually by a doctor and yearly mammograms are very important to detect early signs when cancers are most treatable.

As shown by the statistics, in 2022 in the U.S, the estimation of deaths for women are 43,250. It is more common for women, but men suffer from this disease as well: 530 men are also estimated to die from breast cancer.

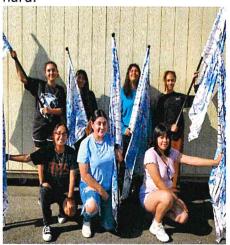
#### The real visuals

BY NAHIM SILVA

Vanessa Ceja is the new captain for color guard. She says color guard changed her high school experience almost completely. She wasn't making many connections or trying new things, but now she made it to captain and it's the best thing that's happened to her and she wouldn't change it for anything. She's also really excited for the theme for this year which is *Back to the Future*.

Color guard is a way to enhance shows for marching band. They use flag routines, mock rifles, choreographed dance routines, and outfits to fit the theme of the show to make it more visually appealing.

Newcomer to color guard Margaret Gamez says, "Color guard is fun but putting the routine and marching together is a bit hard."



B Row: Joselin Cortez, Arlet Armijo, Maggie Gamez, Loryn Wahlstrom F row: Valery Magallon, Vanessa Ceja, & Diana Taberes

#### **Future forward**

BY ALONDRA BAHENA

Seniors and juniors of Highland High School have an opportunity to attend this year's career fair on October 18, 2022.

This career fair is an opportunity to talk with college representatives from community colleges around Washington state. Students will be able to investigate different types of careers available when they graduate.

The career fair will be held at Stanton Academy in Yakima. However, spots are limited and only 40 students may attend. The bus will leave at 12:45 and return at 3:00.

Students interested in the career fair should go to the counseling office to sign up for it or to ask any questions.

Ms. Sterns sent an email to all juniors and seniors with information about the fair.

# Escape the vape

BY ALONDRA BAHENA

Although the use of ecigarettes has decreased over the past four years, young people's health the effects are still lasting and are affecting a new generation of children.

According to the CDC, (The Center for Disease Control and Prevention), "Using nicotine in adolescence can harm the parts of the brain that control attention, learning, mood, and impulse control."

Other studies also stated that vaping can cause spontaneous death or can cause a lung to collapse.

According to the Healthy Youth Survey, students vaped less in 2021 compared to the 2018 data. In 2018, over 50% of high school seniors had vaped, but in 2021 that number dropped to 30%.

Vaping is a type of e-cigarette that uses a liquid and heats into a aerosol, an aerosol is solid particles or liquid droplets in the air. After the liquid heats up the user inhales the liquid, the liquid the user inhales can contain flavoring and toxic and addictive substances.

#### Fall Back

BY ANAHI SILVA

Daylight Savings Time begins on November 6<sup>th</sup> at 2:00 AM.

The Sunshine Protection Act has not been passed, at least not by the president. The U.S senate has approved for it to be permanent for all states except Hawaii and Arizona, but the bill has not gone to President Joe Biden to sign it according to reuters.com.

The phrase "fall back" may not be around a year from now. Meaning time will stay at a "spring forward" permanently. The Sleep Foundation organization has stated that if the bill passes, permanent daylight-saving time will begin on November 5th, 2023.

Can daylight-saving time affect everyone's sleeping pattern? According to the Washington Post, people may not see daylight till 8:30 AM which can lead to poor sleep and health problems.

#### Honoring the dead

BY NAHIM SILVA

Dia de los Muertos is celebrated on different days for each city in Mexico during the end of October or beginning of November.

It is also celebrated in different ways but for the same reason, which is for their ancestors/ loved ones who have passed.

One way to celebrate is to make an ofrenda (altar) for your loved ones who have passed. You place their picture and some of their favorite foods or some things that they liked or that reminds you of them.

The Highland Spanish classes will be putting up their annual ofrenda each. They encourage students and teachers to submit one of their passed loved ones to put on the ofrenda that will be placed in the foyer in the front of the school.

#### United in prevention

BY KAYLYNN SALAZAR

One of the choices for students to sign up for on Wednesdays is Prevention Club.

The name has been changed to Club Unity. Some of the members are Mariah Hunot, Jessica Padilla, Melina Lopez and Victor Luna.

After interviewing some members they all said the same thing..... In club Unity, we focus on bringing awareness to students about the dangers of vaping and alcohol at a young age. We also focus on drug use, bullying around the school and suicide prevention.

This month is Nation Bullying Prevention Month. Olga Bautista who runs the club, said this to say about bullying: "When you see something say something."

Every month is a Prevention month. We try to do something for every month. For example, we are doing Red Ribbon week October 24-28. We are always looking for new member.

If you ever want to stop by Ms. Bautista on a Wednesday we are usually have a meeting. You can come by and get more information.



# **Scottie Life**



#### New kid on the block

BY ELIZABETH TRAN

Hi, I'm Elizabeth. I am a new student here at Highland and I recently just moved from Everett, Washington to Yakima. My family decided to move here because we heard that Yakima is known to have better weather and just better environment. Before I even fully moved here, I was living in rental house, and it was probably the most awful thing ever and now we get to build a new house from scratch.

I was extremely nervous and terrified to come here because someone who is coming from a school that had 1,000 kids and then then gets put into another school 3 hours away that has less the amount was just not what I was used to at all. Everything was just a whole big, huge culture shock. I would say the whole process to move here was just an emotional rollercoaster for me mentally. I just remember crying in my old house just saying to myself how I hoped to get through this and just be happy and overall, I was just also scared that no one would like me and that I would fit in. I had never been to a smaller school before and growing up in Everett I've always been put into larger schools so that's the environment I was so used to all my life. When I first saw Highland, I thought the building at least half of it looked super old and from the outside perspective there's not much windows so it looked very claustrophobic and just small, but overall, I decided to give this school a chance and just go in it with an open mind.

The one good thing that stood out to me about Highland was their school bell schedule; I was in shock that I

would start school every day at 9am. I because at my old school I started to wake up at 5am; it was honestly a do it. The day the first day of school morning and not knowing what to morning, "just be yourself" and very nice person."

My first impression when I had already felt a burst of good vibes get me wrong, but it took me awhile to met some people but it took me some people, I would say the whole 2<sup>nd</sup> week emotionally and just trying to adjust to I remember there was one day we had to go but I didn't have anyone to go thing was I really wanted to ask people because I still was in a little bit of a shy was another rough patch.



honestly was super excited about that, every day at 7:30am so that meant I had nightmare some days, but I managed to came I remember exactly how I felt that expect, I was saying to myself all "people will like you because you're a

walked into the school on the first day I and energy and I still felt nervous, don't get used to. My first day experience I had time to spark some conversation with or so of school was very rough all the change was the biggest challenge. our very first football game and I wanted with and I just cried because the whole but it was hard for me at the same time stage and didn't know what to say so that

As the school weeks went by, I've been going to football games with some of the people I met at Highland and I recently just went to Homecoming and something that was extremely different was how small it was but also it was unique at the same time. Something I really liked about Homecoming was they had a Homecoming mirror in the locker room hallway the junior high gym I thought that was super cool. Another thing I also like about Highland is they have unique cheers and chants at the games, and they make it sort of their own which I love. There's been so many ups and downs for the past year for me and there is still some ups and downs still, but I do try to make each day a good day possible.

This whole situation moving here has just put a huger and broader perspective on life for me. So far, I love Highland and I love my teachers and I just overall feel so supported here. Now me and my family have been in process of building a new house from scratch and every day I get home progress is being made and it's very exciting and I feel so happy to even have that opportunity.

## **Creepy corn maze coming back**

BY ALEX VALLES

This year, the Union Gap corn maze is open again for spooky season! Their 12-acre maze will be haunted Wednesdays, Thursdays, Fridays and Saturdays, 7 PM to 11 PM. If you're not into the haunting, the maze will open at 4 PM and doesn't start haunting until the time mentioned above. Admission, (which can now be purchased either inperson or online), is \$10 for anyone 3 years and older, and free for any child 2 years of age or younger, accompanied by an adult.

This corn maze also offers other services, such as the hayride, a tractor-led ride around the perimeter of their maze. They offer games, a kids maze for kids 10 and under (different from the regular maze that this one is shorter, educational, and never haunted), and a pumpkin patch! Where you can pick any pumpkin or any size and bring it inside the barn to purchase. They are also showing movies every Friday, 7 PM to 11 PM. They'll show a movie suitable for kids, then they'll show a movie after that one for older folks that can handle scarier movies.

You are more than welcome to sit yourself down next to one of the fire pits, and even reserve yourself one prior to visiting. One firepit for two hours is 30 dollars, 2 firepits for the same time is \$50, and each hour afterward is \$15.

For more information on this lovely establishment, visit their website, at <a href="https://www.ugcornmaze.com">www.ugcornmaze.com</a>. They are located at 3213 South Tacoma Street, Union Gap, Washington 98903.



## Are you ready for the fright of your life?

BY NAHIM SILVA

Madd Hatters Haunt is the only haunted house in Yakima. So, the creators of Madd Hatters Haunt will be trying hard to suit your taste and strike fear in your heart. This year's theme is birthday party gone wrong.

They really do make sure to suit everyone's taste no matter what theme. I've been there with my family before and its fun but also scary, because you're going through dark rooms with very dim or flashing lights, and with smoke machines, real actors, and decorated rooms making it look even better as your trying to escape.

Madd Hatters is located at the Dead End on South 3<sup>rd</sup> Avenue & Ahtanum in Union Gap. It is open Fridays and Saturdays 6-10:30 PM, and on weekdays 6:30-8:30 PM.

See you there if you dare.

#### Tieton treats

BY ALONDRA BAHENA

This year's Trunk or Treat will be located at Tieton City Park square on Halloween evening.

The event will be begin at 6 PM and end at 8 PM. There will be a competition for the best costume and trunks in which prizes will be rewarded.

According to a City Hall official, there is no limit to the number of trunks, and they will close roads if necessary to accommodate all of those interested in participating.

If you are interested on hosting a trunk you can call City Hall at 509-673-3162.

## Diamond art sparkles

BY ZULEMA GUERRERO

Why should you take diamond art? Diamond art is an art class in intersession where you can hang out with your friends and work on your art. Diamond art is placing beads on a sticky canvas, and you end up with a mosaic sort of painting. It's like color in numbers but instead of colors you use gems. Invented in 2010 diamond art is an exciting and relaxing way to have fun or get rid of boredom. Diamond art helps relieve stress and anxiety, and helps improve focus, concertation, and motor skills. It also helps you become more creative.

I took diamond art because I enjoy doing crafts or art in general, to take diamond art you don't necessarily need to be good at art you just need to follow directions which is something most people can do, it's not very complicated. You place a colored gem on its matching number, and you repeat this until you finish your painting. Mrs. Brooks explains this at the beginning of the class and for the following days you just work on your art. It's a class everyone can enjoy with friends.

Mrs. Brooks thinks students should come to intersession because "...students have a chance to do something different and have one on one time with teachers they want to get to know them better. "In my experience it helps students by teaching them about the elements and principles of art it also helps them increase their fine motor skills" she said.

She enjoys teaching this class because "It's a simple and easy process in creating a piece of artwork that you can keep and show off. It's fun to have students in class because students that attend choose to be here and that makes it pleasurable." Students would enjoy attending because "Everyone is capable of completing it and having success with it," says Mrs. Brooks.

There are many reasons you should join intersession and diamond art is only one of them.





Ramberto, Elisa, and Zulema create their masterpieces

#### Teachers of the future

BY MIGUEL FARIAS

One is 5'2, one is 6'7. One attended a large high school and college. One attended a small high school and small college. One has curly red hair, and one has dark brown hair. You could find one in Mrs. Williams's room, and you could find one in Mrs. Hill's room.

Both magnificent student teachers, Miss Tucker and Mr. George, are working to obtain their teaching degrees through Central Washington University. Miss Tucker and Mr. George began their internships at Highland High School in February of last year. They will remain here until November 18th.

This semester they will be taking over the classes completely, including creating pacing guides, writing lesson plans, devising and correcting assignments, and contacting parents. So far, Miss Tucker's favorite part of the job is working with young people and having the opportunity to support them. Mr. George wants to be a role model for students and use his story to inspire them.

Miss Tucker received her undergrad degree from the University of Washington. She studied education, and American Ethnic Studies. In 5 years, Miss Tucker hopes to see herself working here at Highland as a social studies/history teacher. As for Mr. George, he received his undergrad degree from the College of Idaho. In 5 years, Mr. George also hopes to be teaching here at Highland as a history/social studies teacher. Mr. George says his greatest professional accomplishment was receiving his bachelor's in history. Mr. George went on to say that his inspiration to become a teacher came from the frustration he had in the school system growing up. Instead of letting it continue, Mr. George felt as if he had to improve it.

As for Miss Tucker, ever since elementary school she had felt as if she was meant to be a teacher. Throughout middle school and high school, Miss Tucker dedicated her spare time to tutoring, and helping other students who were struggling with classes.

#### **Real and Raw**

BY ELIZABETH TRAN

Social media is a very huge platform for people and one of the things I really like is watching people that are real and raw and not afraid to share normal life things and you don't have to always put on a face to impress people, social media can be scary because a lot of people are afraid of judgment and opinion. About 5 or 6 years ago I was on YouTube, and I had discovered 2 identical twin sisters named Brooklyn and Bailey they're currently 22 years old and from Texas they both also recently got married but they both got married a year apart, they also really enjoy posting a lot about their life and their family. They've been on YouTube since 2010 so about 13 years or so and vlogging for 9 years. Its so rare to find people like them on social media, their just so different from any other person I follow. Brooklyn and Bailey also grew up in a very big family, they have 4 other siblings and 2 of them are adopted which is unique and so cool. Brooklyn and Bailey also had launched their own shopping and retail website in 2018 and the first ever thing they launched was mascara and as they continued to grow, they added scrunchies and any clothing item you could think of Like Tshirts, Dresses, jackets, sweaters etc.

Another huge accomplishment Is that they recently just launched a new skincare line called ITK which stands for "in the know", they basically explained how the products they made was so people can be aware and know what they put on their skin.

They have 2 products that have SPF in it and just very natural and simple. When it comes to business, they show a lot of hard work and dedication, but also, they have a lot of passion for what they love to do which is why they work so hard. One of the twin sisters named Brooklyn went to esthetician school to learn about skincare and how to take care of your skin and she did it for a while to and became successful for their skincare line.

These twins do like doing normal YouTube videos, but they also like to make a difference for others, so as of recently they did a whole series of videos where they traveled to all 50 states to raise money for period poverty, they took an RV truck and traveled around. I never had expected that they would do these kinds of videos, but they did and just watching them was very eye opening to because this is a very real issue that happens to people and not a lot of people do have access to period products. I don't remember the exact amount of money they raised but I think their initial goal was maybe 1,000 dollars but they did go over their goal and I was honestly just so shocked, and I could tell that this was something they really wanted to do, and I thought it was super amazing that they did that.

Brooklyn and Bailey are truly such amazing role models for younger girls and most of their audience is mostly girls, I think its also super cool to know that they are on social media because I feel like everyone always has a hard time finding a YouTuber they can enjoy and get into. And they do get criticized and hated on and obviously anyone on social media does experience negativity but they really to handle it well, but they do have some days share the challenges they have being in the public and how there can be so much pressure to look a certain way otherwise you're not the fit. I would say they're not the typical people that like to give drama attention and I think how they do handle it is very mature.

I'm very happy to have discovered these twin sisters because they really bring a lot of joy and happiness to my day and not a lot of people like I said on social media and YouTube can always do that. So, if you haven't heard of Brooklyn and Bailey, I would highly recommend you give them a shot their super cool and very fun.



# We need online options!

BY ALONDRA BAHENA

Have you ever wanted to learn another language other than Spanish? Maybe Chinese? How about German? We think we should be allowed to learn other languages online to earn our world languages credit.

We think students should be able to learn subjects they want online and not have to move to another school to have access to school online. Many students are basically forced to take Spanish if they want to go to a university.

We think students should have a choice in the language they want to learn. Many students that go to Highland already know Spanish aren't being engaged or thrilled to learn the language as they already know.

Having the option of taking classes online will also help students who work better online than they do in person. Many students thrived during lockdown getting perfect grades or just getting better grades than before lockdown.

Having the choice of online school will help many students' education.

## Apprenons le français

BY ALEX VALLES

As a school that is primarily made up of Hispanic students, does it make sense for our school to only offer Spanish as a foreign language?

A large portion of our students speak Spanish as a first or second language already; and while it makes sense to offer Spanish for our friends that aren't Hispanic, because learning Spanish in an area with a high Hispanic population is incredibly helpful, it's almost redundant to offer Spanish to these already Spanish-speaking kids.

It makes far more sense to offer French along-side our Spanish classes, not just as a credit, but as a useful class that students are interested in taking.

We already have a teacher who can teach French, Mrs. Jacobson. For years, Mrs. Jacobson taught French but for the past few years she has been filling her classes with EL students so French has not been offered.

Offering French would give students choice, and would help our bilingual students become multilingual.

# Locked out of school?!?

BY NAHIM SILVA

Highland High School has implemented timers on doors during passing times for safety. This means if you're talking to a teacher about an assignment and the doors lock then not only are you stuck outside but you're going to be late and you'd have to go around the school to go through the front doors, making students even later to class.

We also don't like this because it makes us feel rushed going to classes, especially since we only have a 4-minute passing time and going from the outside CTE and weights buildings to back inside takes time. Then having to go around the school just to get back in makes it harder for us and gives us an unwanted tardy.

The locked doors mean you can't talk to teachers if you have a class that's outside; you'd have to wait until after school.

We understand the safety concerns that led to locking the doors. A solution would be to add another minute before the doors lock, or even add a bell signaling that someone's locked outside so a teacher can go and open the door for them.

#### Mask up!

BY ZULEMA GUERRERO

Now that the pandemic is not as bad as it was last year, not many people are wearing masks since the mask mandate is no longer as strict. But that doesn't mean you should never wear a mask. Let's say if you're sick and you test negative to covid. Your still sick whether it's a cold or the flu they are contagious viruses, and if you don't wear a mask you will make the people near sick as well.

According to the CDC. during 2021 there were 4,700,000 flu illnesses. 2,200,000 medical visits, 47,000 hospitalizations, and 2,800 deaths. In 2018 when people weren't wearing mask the statistics were a lot higher there were about 29 million people sick with the flu, 13 million medical visits, 380,000 hospitalizations, and 28,000 deaths related to the flu.

Yes, some people may have a different opinion you may think if you're careful then you won't get many people sick. But if you think about it, before the pandemic when no one wore masks more people were getting sick with the flu. During the pandemic the flu didn't affect as many people. So, next time your sick think twice before leaving your house without a mask.

#### Horoscopes

BY ALONDRA BAHENA AND NAHIM SILVA

Aries (March 21–April 19) – no matter how hard you try you'll lose anyways

Taurus (April 20–May 20 )- You're going to lose all your friends

Gemini (May 21-June 21)- You really are two faced

Cancer (June 22–July 22) - You're going to lose a relationship

Leo (July 23-August 22) - You have a bad hair day almost every day and no one tells you

Virgo (August 23-September 22)- You are bad at organizing and you're not as kind as everyone tells you

Libra (September 23–October 23) - Everything is going downhill now

Scorpio (October 24-November 21) - One of your friends is lying to you

Sagittarius (November 22–December 21) - From now on you are not the main character.

Capricorn (December 22-January 19) - You'll go into debt by Tuesday

Aquarius (January 20-February 18) - We both know you're not special

Pisces (February 19-March 20) - Your friends have separate group chat without you

#### FACES IN THE HALL—"What Scares You?"

BY ALONDRA BAHENA AND NAHIM SILVA



Maggie Gamez—Freshman "spiders"



Melina Lopez—Junior "clowns"



Ahtziry Ochoa—Sophomore "heights"



Maria Jacobson—Senior "flying bugs"